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### Hot Stuff from Beth's Farm Kitchen

*CEDC MicroBusiness client Beth Linskey expanding into Whole Foods*

STUYVESANT, NY – 35 years ago when Beth Linskey began making jams in her kitchen, she didn't imagine she'd be supplying her products to the mega-world of Whole Foods. But that's what happened! Now she's keeping her products on those shelves by bringing on the H-E-A-T! Her sauces and salsa (available jarred or by the bucket) are right on target for the Summer grilling season.

Known for using local ingredients near her Hudson Valley location, it took some time for her to locate New York grown habaneros and chipotles. But she found a spicy grower or two who became instant suppliers. "We participate in the Union Square Greenmarket in New York City," says owner Beth Linskey. "They are extremely strict about product contents – just like me." The result is hot sauce with a New York Edge.

"We call these sauces," says the accomplished chef, "but they can be used as marinades or as ingredients in pasta dishes and meatloaf, too. The versatility is what makes customers come back and buy more."

Linskey's top product in this category is "Cherry Bomb Hot Sauce" but other choices make mouths – and eyes – water. Selections include Habanero Hot Sauce, Red Salsa, Salsa, and of course, Jalapeno Hot Sauce. More flame retardant varieties include Apricot Ginger Sauce, BBQ Sauce and homemade Ketchup. Contact Beth's Farm Kitchen through her website – [www.bethsfarmkitchen.com](http://www.bethsfarmkitchen.com), [bfk@bethsfarmkitchen.com](mailto:bfk@bethsfarmkitchen.com), or call 1-800-331-JAMS.

PHOTO CAPTION: In business in the Hudson Valley of New York state since 1981, Beth's Farm Kitchen is the passion of cook Beth Linskey – who never uses an ingredient she can't spell. A supplier to Whole Foods, her Hot Sauces are made using only local ingredients – including hot peppers. They are available jarred or by the bucket. For contact information go to [www.BethsFarmKitchen.com](http://www.BethsFarmKitchen.com) , email [bfk@bethsfarmkitchen.com](mailto:bfk@bethsfarmkitchen.com) or call 1-800-331-JAMS.